

Parents!

This year I have decided to provide our elementary-aged children with the chance to participate in 21 Days of Prayer and Fasting with the adults! It will look a bit different for the kids, but I think this is a very important opportunity for them.

The reasons that I find participating in Prayer and Fasting valuable at an early age are:

1. It teaches discipline
2. Children learn to depend on God
3. Children begin to develop their own personal relationship with Jesus
4. It grows their toolbox to deal with life's challenges as they come
5. It reinforces the importance of God's Word, where He commanded us to fast!

It is my hope that you will support your children in what may be their first experience with fasting. They will have memory verses and Scripture readings every day listed on the calendar on the other side of this paper. Some of your children will need help with these readings, so please assist them to the extent that you have time in your schedule. Encourage them to pray every day of the 21 days. If you plan to attend Saturday prayer during this time, feel free to have your children join you! We won't have childcare, but it would be a great opportunity for them to be a part of it. This can be an incredibly impactful time and I will be praying for each of your children over these 21 days!

Jessica Fillis
Adventure Kids Director